

School Bus Referendum Vote Overview

On December 3, our community will decide on funding for school buses, two 66-passenger electric school buses, and one 30-passenger gasoline OR two 66 and one 30-passenger gasoline engine buses to purchase. We understand the significance of this decision and we are committed to providing as much information as you need to make an informed choice.

In line with New York State's 2022-2023 mandate, all new school buses purchased in NYS must be zero-emission starting in 2027, and the entire fleet on the road must meet this standard by 2035. The Onondaga Central School District has been actively pursuing grants and incentives, such as the New York School Bus Incentive Program (NYSBIP) as well as the federal EPA Clean School Bus program. This enables us to propose the purchase of two electric buses with virtually no cost to the community.

As taxpayers, the decision is in your hands. Our role as a district is to equip you with the necessary information and have an informed voting decision on the ballot December 3. By securing grant funding, we've ensured that these electric buses can be purchased without any tax increases or additional community funding. This vote will replace the Bus referendum usually voted in May.

Thanks to grants and incentives, Onondaga Central School District has acquired monies to purchase two electric buses with virtually no cost to taxpayers. The district has conducted an initial fleet study and if approved school architects and engineers will further study the electrification needed to help meet the NYS mandate. If approved these two buses will be deployed on routes to test efficiency and practicality. Also included from the grant monies are the charging stations that will be installed at the bus garage with options for future expansion.

If the electric bus purchase is not approved, the alternative would be to purchase three gasoline-powered buses, which are not eligible for incentives.



SCAN FOR OCS CALENDAR



SCHOOL BUS REFERENDUM VOTE

2024 FALL NEWSLETTER



New York State Mandate and Timeline

The NYS mandate requires all new buses sold in the state to be zero-emission by 2027. New York State is transitioning to a 100% zero-emission and electric school buses (or ESB) are the only viable option at this time. ESBs powered by rechargeable batteries offer a cleaner alternative to diesel, operating on New York's clean energy grid and emitting zero tailpipe emissions.

The Environmental Bond Act, passed by New Yorkers in 2022, offers both public school districts and contracted fleet operators over \$500 million in funding toward school bus electrification. This and other State and federal incentives and resources are available to help school districts efficiently and cost-effectively convert their fleet.

Voting on School Bus Purchases

As with all school bus acquisitions, the decision to purchase electric buses requires voter approval. We're committed to answering any questions and providing transparency in this important decision for our community.



December 3, 2024 7 a.m. to 9 p.m. Rockwell Elementary School Gymnasium and Jr./Sr. High School Cafeteria Lobby

VOTE

2024 FALL NEWSLETTER

SCHOOL BUS REFERENDUM VOTE



Cost Analysis: comparing 66 passenger electric bus vs. 66 passenger gasoline bus

ТҮРЕ	COST	STATE PAID	COST BEFORE NYSBIP	NYSBIP	COST AFTER NYSBIP
Electric	\$ 457,077.16	\$ 351,949.41	\$ 105,127.75	\$ 220,500.00	\$ 0.00
Gas Gas	\$ 167,063.43	\$ 128,638.84	\$ 38,424.59	N/A	N/A

The Facts

- » While electric school buses have a higher upfront cost compared to diesel or gasoline-powered vehicles, their long-term savings come from lower maintenance and operational costs. This is primarily due to the simpler design of electric powertrains, which have fewer components and are easier to maintain.
- » Thanks to state grants and incentives, Onondaga Central School District can acquire two electric buses at virtually no cost. If approved by voters, the district will conduct a fleet and electrification study and initially use the buses on shorter routes. A charging station would be installed at our bus garage with expansion capabilities, and the equipment, including charging stations, are covered under warranty.
- » Electric companies like National Grid are also working on more affordable energy rate packages tailored for school districts and transportation services.
- » Concerns about battery fires, while valid, are generally linked to low-quality, retrofitted batteries in cheaper e-bikes and scooters. Reputable manufacturers of electric school bus batteries have strong safety records, and these batteries are well-protected with battery management systems and thermal management systems with multiple fail-safes on the buses.

PUBLIC HEARING November 21, 2024, 6:30 to 8:00 p.m. Jr./Sr High School Cafeteria

SCHOOL BUS REFERENDUM VOTE

PROPOSITIONS

PROPOSITION I

(Electric and Gasoline School Bus Proposition)

Shall the Board of Education of the Onondaga Central School District be authorized to purchase and finance two (2) electric school buses and one (1) gasoline school bus, including necessary furnishings, fixtures and equipment and all other costs incidental thereto, and expend a total sum not to exceed \$1,016,508, which is estimated to be the total maximum cost thereof, and pay for such vehicles by applying \$441,000 in available grant funding from the New York School Bus Incentive Program and, for the balance, by the levy of a tax upon the taxable property of said School District to be collected in annual installments as provided by Section 416 of the Education Law; and, in anticipation of such tax, obligations of said School District, in the principal amount not to exceed \$575,508 shall be issued.

PROPOSITION II

(Gasoline School Bus Proposition)

If Proposition I does not pass, shall the Board of Education of the Onondaga Central School District be authorized to purchase and finance three (3) gasoline school buses, including necessary furnishings, fixtures and equipment and all other costs incidental thereto, and expend a total sum not to exceed \$436,480, which is estimated to be the total maximum cost thereof, and pay for such vehicles by the levy of a tax upon the taxable property of said School District and collected in annual installments as provided by Section 416 of the Education Law; and, in anticipation of such tax, obligations of said School District, in the principal amount not to exceed \$436,480, shall be issued.





SCAN FOR MORE INFORMATION onondagacsd.org/districtpage.cfm?pageid=2309

2024 FALL NEWSLETTER

HIGHLIGHTS



The first day of school is filled with excitement and anticipation. For students, it's a chance to meet new teachers, make friends and continue their educational journey. Teachers are eager to inspire and create a positive learning environment, while parents watch their kids grow and take on new challenges.

Fikes Named Commended Student

OCS student Lindsay Fikes has been named a Commended Student in the 2025 National Merit Scholarship Program, placing among the top 50,000 students who entered the 2025 competition by taking the 2023 Preliminary SAT/National Merit Scholarship Qualifying Test.

"Those being named Commended Students have demonstrated outstanding potential for academic success," commented a spokesperson for NMSC. "These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success."

OCS Booster Club

The OCS Booster Club is a not-for-profit organization formed by volunteers who live in the district. Our goal is to promote and financially support extracurricular clubs and activities at the Onondaga Junior-Senior High School.

The Booster Club acts as an umbrella organization under which parents can raise funds for specific extra-curricular clubs and activities (e.g. Onondaga football, varsity softball, etc.). All of the funds raised for a specific group are credited to that group and are not available for use by any other group or activity or by the OCS Booster Club.

We welcome anyone who wants to get involved in raising funds for both athletic and non-athletic extracurricular activities at the OCS Jr/Sr High School or who is interested in volunteering for OCS Booster Club sponsored activities.

Meetings are the first Thursday of every month at 7 p.m. at the Jr./Sr. High School.



Accepting Wall of Distinction Applications

The Onondaga Central School District is currently accepting nominations for the Wall of Distinction. Nomination forms are available online or by calling Janet Ferris at 315-552-5020. All nominations must be submitted by the first Friday in the month of June and may be mailed, emailed or returned to the high school office. Please address them in care of Janet Ferris, 4479 South Onondaga Rd. Nedrow, N.Y. 13120 or by email jferris@onondagacsd. org; cc: tmumford@onondagacsd.org.

The Onondaga Central School District Wall of Distinction was created in 2012 for the purpose of recognizing and honoring graduates of Onondaga Junior Senior High School. An advisory committee considers nominated graduates who have achieved a high level of prominence in their personal and/or professional lives and who have participated in extensive community service or volunteer activities for induction to the Wall of Distinction.

Each inductee has their picture and biography prominently displayed on the Wall of Distinction which is located at Onondaga Central School Junior Senior High School in the gymnasium lobby. For further information, please contact Janet Ferris at 315-552-5020. If you are interested in joining the nomination committee please contact Tim Mumford at 315-552-5020.

SCAN TO ACCESS APPLICATION onondagacsd.org/tfiles/folder2161/Wall%20of%20Distinction%20Nomination%20Form.pdf

New Team Members in Our Schools

We'd like to welcome new Onondaga Central School District team members for the 2024-2025 school year!



Tennis Court Resurfaced, Covered Under Warranty

The tennis courts were resurfaced in August and September, with the work being covered under warranty to address insulation imperfections. The companies, Lan-Co Companies and AstroTurf, did an excellent job repairing the issues under warranty and even added pickleball lines to the courts at no additional cost.



Employment Opportunities

SUBSTITUTE COURIER

The district is seeking substitute couriers to deliver mail and copy material between buildings and to the post office when the permanent courier is absent. Average hours per day are 3.25. Must have valid driver's license. Training provided.

SUBSTITUTE SCHOOL BUS DRIVER OR BUS MONITOR

Retired? Looking for something to do or some extra money? Are you at least 21 years old? Do you have a driver's license? Do you like working with kids? Come see us and we will train you! We can get you ready for your road test or teach you how to assist special needs students on the bus. No experience necessary, but is always appreciated. Please call 315-552-5090 if interested.

SUBSTITUTE LUNCH/RECESS MONITORS

Rockwell and Wheeler Elementary Schools.

PART TIME AND SUBSTITUTE FOOD SERVICE

Join the Onondaga/West Genesee Food Service team! We have openings for part-time and substitute food service positions. Call the food service office for more information at 315-487-4661 or go to www.westgenesee.org to fill out a non-instructional application.

SUBSTITUTE CUSTODIANS

Generally needed for evening shift from four to eight hours at Rockwell, Wheeler and the Jr./Sr. High School. Some heavy lifting required. Training is provided. Contact 315-552-5090.

SUBSTITUTE TEACHERS (certified and uncertified) AND SUBSTITUTE TEACHING ASSISTANT

If interested, please visit our website at onondagacsd.org for applications.

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Students Learn from German-American Partnership Program

This past August, Herr and Frau Solan from OCS High School accompanied ten OCS students to Germany and Ireland on a German-American Partnership Program (GAPP) exchange.

Onondaga has been doing this exchange with Lessing Gymnasium (a secondary school) in Uelzen, Northern Germany for decades. Mr. Solan, the high school German teacher, has continued this tradition since starting at OCS in 2016, giving to this point more than thirty of our OCS students a unique opportunity to live for a short time with a German family and attend school in Germany.

During their time in Germany, OCS students were accompanied on an extensive itinerary of castle and museum visits, unique dining experiences and opportunities to see and experience Germany and German culture firsthand. They spent time in the Alps, Munich, Berlin, Dresden, Uelzen, Hamburg and Dublin. Many of the students formed deep friendships with their host families and many tears were shed upon departure from Uelzen, said Solan.

A couple months later, OCS students and their families got the chance to return the favor and host their German partners here in the U.S. The group took the German kids and their leaders, Herr and Frau Schmoldt, on several typical American experiences. With the help of Mr. and Mrs. Hammond and all of the families that hosted an exchange student, the German visitors got to experience a huge American BBQ. They also got to go apple picking at Navarino Orchards, eat at Heid's and Vicky's, an ice cream parlor in Liverpool, go to Niagara Falls and go for a ride on the Maid of the Mist.



While at the high school, the German exchange students attended several extracurricular events including sports and drama. They presented several short presentations on German culture, and overall had a very positive experience in our community.

"On a personal note, I would really like to thank Mr. Sharpsteen for always putting together fun experiments for our guests to experience and our administrative staff and school board for all of the support they give to our exchange program enabling German language at OCS to remain strong," said Solan. "This German program could not continue without the support of our remarkable staff and community."

UPCOMING CONCERT DATES

DEC. 11 @ 7 P.M. Jr./Sr. High School Band

> **Dec. 12** @ 7 P.M. Jr./Sr. High

School Chorus

Dec. 19 @ 6:30 P.M. Wheeler Winter Concert



AGRICULTURE FFA CHICKEN SALE

Each year, the OCS FFA Chapter raises 50 meat chickens and sells them. The money raised is used to help send students to FFA leadership conferences throughout the school year. Contact FFA Advisor Rosalind Gawryla for more information at rgawryla@onondagacsd.org.

Fire Club Visits South Onondaga Fire Department and Syracuse Fire Department

The OCS Fire Club met with the South Onondaga Fire Department to explore emergency medical services (EMS) patient packaging techniques.

Students had the opportunity to experience wearing and administering a Kendrick Extrication Device (KED), which is used to stabilize a patient's head and neck during an emergency situation.

In addition to the KED, the students also learned about the uses and functionality of different types of backboards. Backboards are essential for safely transferring and transporting patients who may have sustained spinal or other injuries.

The OCS Fire Club has grown significantly this school year. with 55 students from seventh through 12th grade signed up to participate.

The club offers students the chance to explore various first responder careers, including fire, police, EMS and military. Through hands-on demonstrations at various locations in the community and more, students gain valuable insights into these vital professions.

The Fire Club recently also had the opportunity to visit the Syracuse Fire Department, which was an exclusive experience for the students. The day was filled with live demonstrations from Rescue Company 1 and Ladder 4,



showcasing various firefighting techniques, including rope rescue, door breach, search and rescue, drone operations and burn room tours.

The club would like to extend their gratitude to Lt. Burton (OCS Parent) for organizing this fantastic experience. Additionally, they appreciate the firefighters from Rescue 1, Ladder 4 and Lt. Veri (OCS Parent), who took the time to share insights into their daily work routine and the risks they face on a regular basis.

This visit provided the Fire Club members with a valuable opportunity to learn about the critical work performed by the Syracuse Fire Department and the dedication of its firefighters. The hands-on demonstrations and the chance to interact with the professionals gave the students a deeper understanding of the challenges and responsibilities involved in firefighting.



CHALK THE WALK AT OCS

The OCS Social Science 7 class participated in an amazing "Chalk the Walk" activity for Suicide Prevention Month! Students spread kindness and shared uplifting messages to promote mental health and well-being.





ART IS EVERYWHERE

Art is all around us, as many OCS students have learned this fall. In art class, students worked on observational drawing exercises with their sketchbooks, everywhere from outside to their very own shoes.

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Highlights of the Positivity Project

To highlight the importance of the Positivity Project characteristics, and to remind everyone that these character traits are a part of our everyday life, OCS Jr./ Sr/ High School announces students of the month. These students are identified by the faculty as great teammates in the classroom, who show a strong interest in learning, who are sensitive to the needs of those around them, who are kind to all and do their best, even when difficulties arise!

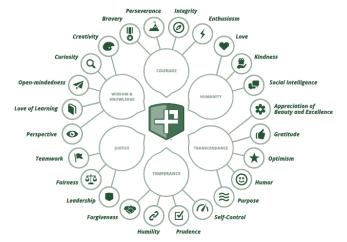
Congratulations to September recipients James Bergman, Shahriaz Meah, Francesca Lasinski, Abigael Freyer, Maxwell Brown and Lindsay Fikes for your love of learning, social intelligence, citizenship, kindness and perseverance!

OCS FFA Members Named National Finalists

Onondaga Central School District FFA Members Francesca Lasinski and Ian Powell have been named national finalists this year in the Division 2 Environmental Services and Natural Resource Systems category of the National FFA Agriscience Fair.

To qualify, FFA members are required to conduct a scientific research project pertaining to the agriculture industries and win their state's FFA Agriscience Fair. First-place winners in each state then submit their projects to the national level, where a panel of judges will review entries and select a maximum of 10 in each category and division to move on to the national competition.

As finalists, Lasinski and Powell will represent New York State in the National FFA Agriscience Fair competition at the annual National FFA Convention & Expo on Oct. 23 - 26, in Indianapolis, IN.





In addition to competing and being recognized for their achievement, the students will have the chance to explore a multitude of opportunities along with 70,000 other FFA members from around the nation. Student workshops focused on leadership, personal growth and career success will help members acquire new skills that will empower them to become the next generation of world-changing leaders. Members will also have the chance to network with representatives from the agriculture industry, government agencies and post-secondary education institutions.



OCS Art Featured at NYS School Boards Association Exhibit

Six OCS students will have artwork displayed in the 2024 New York State School Boards Association Exhibit. The virtual slideshow link is available, OCS students are on slides 444 through slide 449.

OCS students who participated are:

- » Alaina Kelsey, Grade 12 ceramic characterized container
- » Daelyn Cousineau, Grade 12 ceramic food sculpture
- » Ella Donath, Grade 12 ceramic characterized container
- » Jasmine Taylor, Grade 12 block print
- » Cindy Chen, Grade 12 charcoal self-portrait drawing
- » Sylvana Adams, Grade 12 block print

Congratulations to our student-artists!





Science on Seneca

In October, Mr. Mauro's Global Environment class and the environmental club along with Mr. Miller participated in Science on Seneca, a program sponsored by Hobart and William Smith Colleges that focuses on the health of the Seneca Lake ecosystem and the effect of invasive zebra and quagga mussels.

On the research vessel, students determined dissolved oxygen, chloride ion concentration and pH of several water samples. They also analyzed dredge samples of the bottom of the lake and looked at plankton under a microscope. The data they collected will be sent to the Geoscience department and used in an ongoing analysis of the lake.

"Students got to participate in real science data collection and had a great time doing it," said Mauro.



Summer Production of "Into the Woods" a Hit

OCS Drama Club performed another successful summer production in August. Stephen Sondheim and James Lapine's "Into the Woods" was performed by 23 students, 8 alum and 7 community members.

It was a magical adventure performed with fun, skill and laughter. All of our students from Rockwell through senior high shone as they performed alongside staff members, community members, alum and fellow students. It was a delight to watch as they explored new avenues, learned new skills and ultimately performed an outstanding show.

Mark your calendars for the fall production of Disney's "Beauty and the Beast" on November 22, 23 and 24.

District Celebrates 100% Passing Rate on June 2024 Math Regents Exams

We are thrilled to announce that all students who took the Algebra, Geometry and Algebra 2 Regents exams in June 2024 achieved a 100% passing rate. This remarkable accomplishment reflects the dedication, hard work and academic excellence of both our students and the outstanding math department.

A special congratulations goes to Mr. Melfi, Mrs. Bort and the rest of the math department for their tireless efforts in preparing students for success, as well as the entire OCS staff who have played a role in preparing our students for this level of rigor. Their commitment to fostering the necessary support has truly paid off. This achievement not only highlights the strength of our math program but also underscores the collaborative spirit between teachers, students and parents. We are incredibly proud of our students for their perseverance and dedication, and we extend our gratitude to the educators who continue to inspire and guide them.

Well done to everyone involved in this tremendous success! We look forward to continued academic achievements in the coming school year.





OCS STUDENTS ATTEND SENATOR SCHUMER'S PRESS CONFERENCE

OCS students Jordan Cheek and Colton Cummings got the chance to attend a press conference with Senator Schumer announcing two bills; one is aimed at better protecting children online and the other is designed to hold technology companies accountable for algorithms that track children.



SCAN EACH FOR INFORMATION ON THESE BILLS



markey.senate.gov/news/press-releases/senators-markey-and-cassidy-reintroducecoppa-20-bipartisan-legislation-to-protect-online-privacy-of-children-and-teens blumenthal.senate.gov/about/issues kids-online-safety-act

WCNY Interviews Rockwell Elementary Regarding Community Garden Project

Rockwell Elementary School launched a Community Garden Project to introduce young students to diverse cultures through gardening and agriculture. Over five weeks, children explored Mexican/Spanish, Native American and African-American food cultures. The program was composed primarily of incoming Kindergarten students, helping the school's youngest children develop a sense of pride and belonging in the school community from their earliest experience.

WCNY interviewed our staff and students about the experience. In this 'Innovate to Educate,' host Jody Manning finds out more about the program from Principal Katie Killmore, educator Jess Hass and students Sesilia Killmore and Charlotte Scribner.



Six Students Attend Oswegatchie FFA Camp

In August, six Onondaga Central students attended Camp Oswegatchie, NY FFA's summer camp.

Located in the Adirondacks, Oswegatchie's mission is to provide youth with meaningful experiences in leadership training, environmental education and outdoor recreation. Specifically, Camp Oswegatchie is a 5-day overnight summer camp for students entering grades 7 - 12.

While at camp, students stepped outside their comfort zone, made new friends from around the state and developed both as people and leaders. They also participated in a wide variety of outdoor activities including: kayaking, paddle boarding, a high ropes course, horseback riding, mountain biking and more.



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HIGHLIGHTS



Wheeler Curriculum Night was a huge success, with cars lining down the parking lot and the street. Students smiled as they showed off their work in the hallways and showcased their classrooms. We hope the families that came out felt welcomed and enjoyed the book fair.

Rockwell Elementary Art and Literacy Night

Rockwell students had an opportunity to show off their most recent artwork at Art & Literacy Night. Attendees did a "gallery walk" through the hallway to view the art on display. Our student-artists practiced their speaking and listening skills as they explained their work and answered questions.

Afterward, students had fun playing literacy-based games with teacher volunteers while the parents participated in a literacy presentation led by Mr. Ritz and Mrs. Killmore.

This event was a huge success with many positive outcomes. Parents and caregivers left with knowledge of literacy development and the confidence to know that they are "doing it right" at home. Students honed skills and experienced the pride of seeing their work on display. Many thanks to all that made this event possible!

By the end of first grade, the goal of Rockwell Elementary is to have most children reading 70 words per minute or more and the ability to write words with various letter-sound correspondences.





OCS has had a great fall sports season, and we especially want to extend a congratulations to our senior athletes.

Rockwell-Wheeler PTO

The Rockwell Wheeler PTO would like to thank the families and community for their support and contributions. Without your help, we would not be able to support additional enrichment activities and field trips our kids get to enjoy at Rockwell and Wheeler Elementary Schools.

The PTO meets the second Wednesday of each month from September through June at 6 p.m.

For any questions, interest or ideas, please reach out to rockwellwheelerpto@gmail.com, rockwellwheelerpto.org or on the PTO social media accounts.



SCAN TO DONATE

Forensic Science Students Work with Wheeler SRO

In Forensic Science, Onondaga students were treated to a visit by our own Officer McLaughlin, School Resource Officer at Wheeler.

Over a span of two days, Officer McLaughlin led the classes through how a crime scene is processed. Students were taught and practiced the roles of First Responders, Photographers, Sketch Artists, Recorders and Evidence Collectors.

Students were fully engaged and greatly enjoyed the quips and short stories shared by Officer McLaughlin, and appreciated his insight and experience in Crime Scene Investigation.



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MAGGIE MAHONEY, PRESIDENT MICHAEL KOBASA, VICE PRESIDENT LAUREL BENNETT TARA CARTER-LETTSOME NOELLE RELLES KYLE KOLWAITE NATHANIEL BROWN

THANK YOU! school board recognition week

🚮 Onondaga

BOARD APPRECIATION WEEK

Board Appreciation Week was celebrated in October. We are grateful for the volunteer service and leadership of our school board members who work tirelessly to create opportunities for every student. Your commitment to education and our community is truly inspiring. Thank you for volunteering your time and for shaping the future of our schools!



ROCKWELL ELEMENTARY CELEBRATES FIRE PREVENTION WEEK

Rockwell Elementary celebrated a highly successful Fire Prevention Week, engaging students in hands-on activities and safety demonstrations to educate them on fire safety and prevention.

The highlight of the week is always the visit from the local fire department, where students get to see a real fire truck and hear from firefighters essential fire safety techniques.



OCS Homecoming

Homecoming 2024 was a great success, and the weather was perfect. On Friday, OCS played multiple games as well as hosted the taco dinner and the annual bonfire. A special thank-you goes out to the South Onondaga Fire Department, Dave Toomey, with the setup as well as Fellows Trucking for providing gravel and Bill Guptil for providing the hay. The Boys and Girls Soccer team as well as the JV/ Varsity Girls Volleyball teams showcased their skills.

Saturday's events began with the traditional Homecoming Parade down South Onondaga Road. A special thank-you goes out to the Taunton, Navarino and South Onondaga Fire Departments for participating in the parade, as well as John Milligan for chauffeuring the Onondaga King and Queen, John Toomey and Hannah Schultz. Our parade also included local law enforcement, youth groups and our high school floats. This year, OCS had two float competitions. The first category was our traditional float competition between the different classes, and the winner was the Senior Class, Class of 2025. The second is an open category and everyone is invited to enter. The winners of the open competition were the Modified Girls Soccer Team. On Saturday, students attended the yearbook dance and the taco dinner was open to the community.

Onondaga's Varsity Football team won a hard-fought battle vs. APW. There were many food concessions that brought a wide variety of Homecoming favorites. It was also Senior Night for the Football team as well as the OCS Cheerleaders.



The homecoming pep rally is always a fun time full of school spirit. Grades competed in challenges in the school's gymnasium to obtain the coveted spirit stick. The homecoming parade featured the first-ever Visual Arts float, a new tradition at OCS.

MATTOX COMMITS TO DIVISION I LACROSSE AT LEMOYNE

Huge congratulations to Aliyah Mattox for committing to play Division I Lacrosse at LeMoyne College! We can't wait to see you shine on the field!





CROSS COUNTRY SUCCESS

Reed Luton and Emanuel LaMacchia finished 2nd and 6th at the recent Marcellus invitational!

Fight Flu at Home and School

Influenza (flu), spreads easily and can make people very sick, especially kids. You can help stop flu!

Flu symptoms include:

Fever or chills, body aches, cough, sore throat, headache, runny or stuffy nose, feeling very tired. Some people, especially children, may have stomach problems and diarrhea. Unlike a cold, the flu comes on very suddenly.

Prevent flu!

- Flu vaccine is the best protection against the flu. It is recommended every year for everyone 6 months and older.
- Get the flu vaccine for you and your children every year! It helps make flu sickness milder or prevents it altogether.
- Getting the vaccine early in the fall means you and your children will be protected when flu season starts.
- Make sure people close to your children, like babysitters and relatives, are also vaccinated.
- The vaccine is especially important for young children and people of all ages with certain health conditions like asthma, diabetes, and heart or lung conditions. The flu can make them even sicker.

If your child gets the flu:

- Your child will need plenty of rest and lots of fluids.
- Keep your child home from school for at least 24 hours after their fever is gone
- without using fever-control medicine. This helps avoid giving the flu to others. • Talk with your child's health care provider before giving a child any
- over-the-counter medicine.
- Never give your child or teenager aspirin or any medicine that has aspirin in it. Aspirin can cause serious problems.
- Young children and those with certain medical conditions, like asthma, diabetes,
- and heart or lung disease, are at greater risk for getting seriously ill from the flu.
- If your child gets flu symptoms, call their health care provider and ask if antiviral treatment is right for them.
- If you are worried about your child, call their health care provider.

Don't spread flu!

• Stay home if you are sick.

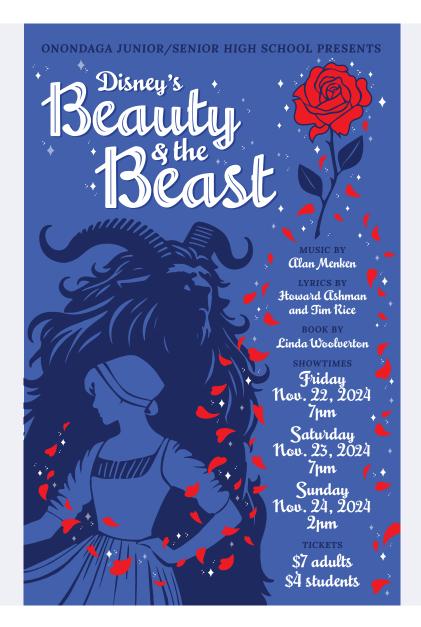
Stay away from people who are sick.

- Wash hands often with soap and water for at least 20 seconds.
- If soap and water aren't handy, use an alcohol-based hand rub.
- Cough or sneeze into a tissue or your elbow, not your hands. Put used tissues in the trash.
- Avoid touching your eyes, nose, and mouth. That's how germs spread.

health.ny.gov/flu

NEW YORK STATE Of Health

2178



CALLING ALL FORMER ONONDAGA WRESTLERS!

Friday, December 20, 5 p.m.

Please join us for a home Onondaga/Marcellus wrestling match. Meet former teammates and coaches for a night of fun and reminiscing!

Spread the Word! Let's make it memorable!

Check out classic pictures and updates on Facebook. Look for the Onondaga Wrestling Reunion page.



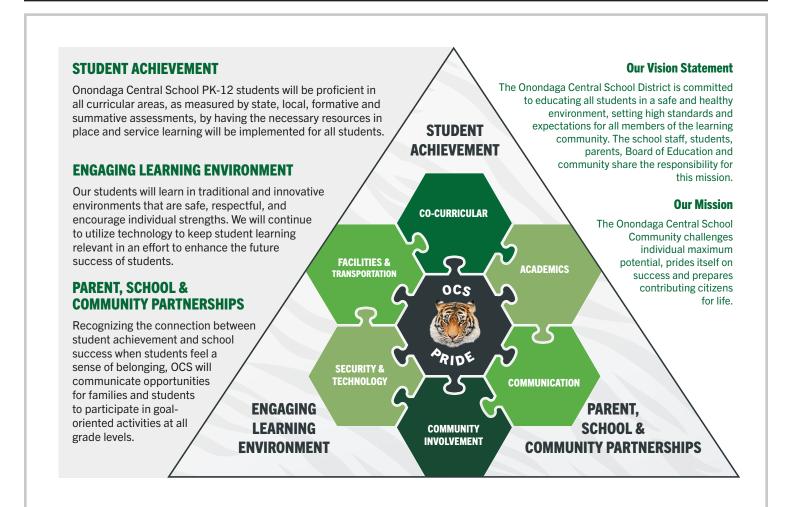
Contact John Miller for more information or help at 315-427-0909. *Go Tigers!*

ONONDAGA CENTRAL SCHOOL DISTRICT 4466 South Onondaga Road Nedrow, NY 13120 315-552-5000 FAX 315-552-5005 onondagacsd.org

BOARD OF EDUCATION

Maggie Mahoney, President Michael Kobasa, Vice President Laurel Bennett Tara Carter-Lettsome Noelle Relles Kyle Kolwaite Nathaniel Brown

Rob Price, Superintendent of Schools



Non-Profit U.S. Postage **PAID** Nedrow, NY Permit #8

We are pleased to acknowledge our honor roll and high honor roll students for marking period 6. Visit our website for the full list of honor roll students!

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