

## When should I keep my child home from school?

If your child has any of the following symptoms, they might have an illness they can spread to others.



- Temperature of 100 degrees Fahrenheit or higher
- Sore throat
- Cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)
- Difficulty breathing (for students with asthma, a change from their baseline breathing)
- Diarrhea or vomiting
- New onset of severe headache, especially with a fever
- New onset of loss of taste or smell

If your child has **any** of the symptoms above:

- Keep them home from school
- Contact your child's physician for recommendation of evaluation or COVID-19 testing
- Contact your child's school nurse and report that your child is sick.

## When can my child return to school if they are sick?

- When their symptoms are improving
  - When they are fever free without medication for 24 hours
  - A copy of the negative COVID 19 test
- OR-
- A note from a physician providing a diagnosis of a known chronic condition or a confirmed acute illness (eg. Strep throat)