

Information You Should Know

From your School Nurse and the CDC



Wash Your Hands



Mask Wearing

How to Wear Your Mask



cdc.gov/coronavirus

Cover Coughs and Sneezes



Cover Coughs and Sneezes



If you don't have a tissue, cover
you sneeze into your upper sleeve
or elbow, not your hands.


CORONAVIRUS DISEASE 2019 (COVID-19)

Everyone can help slow the spread of COVID-19.





cdc.gov/coronavirus


Thank You!



Thank you for doing regular temperature checks and wearing your masks when you go into public.



Thank you for washing your hands regularly and staying home when you don't feel well.



Thank you for helping keep our staff and students safe!

For More Information

Your Primary Health Care Provider
[Onondaga County Health Department](#)
[New York State Dept of Health](#)
or your school nurse at
pcormier@ocs.cnyric.org

